FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2027 YOUTH VOLLEYBALL LEAGUE

MARCH 15 - MAY 15

Overview

Volleyball has been a tradition of the YMCA since it was created by William G. Morgan in 1895. At the Valparaiso Family YMCA we embrace our history and are proud to offer Youth Volleyball to children in 1st grade up to 9th grade.

We believe that Youth Sports should be used to develop a child's character while also giving them an opportunity to be active and enjoy being introduced to a new sport. For more experienced players we still believe in giving all children the opportunity to succeed and always place the emphasis on providing a fun environment for your kids.

Divisions (Co-ed)

Grades 1st - 2nd

Grades 3rd - 4th

Grades 5th - 6th

Grades 7th - 9th

Equipment

- Players will use the YMCA reversible all-sport jersey.
- Use of knee pads and/or elbow pads are allowed and encouraged although not required to play.
- Players must wear gym shoes, no open-toed sandals or shoes are allowed for practices or games.

Practices

- Practices will begin the week of March 15.
- There will be no practices or games for Spring Break (March 21 – March 27).
- Your child will practice only once per week (Monday, Tuesday, Wednesday, Thursday or Friday).
- Practice location – TBD (off-site but near the Valpo Y)

VALPARAISO FAMILY YMCA
1201 Cumberland Crossing Drive, Valparaiso Indiana 46383
P 219 462 4185 **F** 219 477 4720 **www.valpoymca.org**

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Games

- All games will be played on Saturdays at the Valparaiso Family YMCA.
- A total of 6 games will be played (for each team).
  Game dates: 4/10, 4/17, 4/24, 5/1, 5/8, and 5/15.
- Spectators are always welcome. Guests 18 years or older ***must bring a valid photo ID*** and should plan to arrive 15 - 20 minutes before game time. This allows us time to add your information into our system and take your picture. This is required for anyone 18 years or older entering our facility, who is not already a member of the Valparaiso Family YMCA.

Pictures

- Picture week is TBD.

Coaches

Like almost all youth sports organizations, the YMCA depends on volunteer coaches to ensure the effectiveness of the program. We believe strongly in the impact a volunteer can have on a child and encourage all parents who are able, to volunteer. Lesson plans can be provided.

For information on the responsibilities of a volunteer coach please contact our Sports Director:
Kevin Freyenberger
(219) 462-4185 extension 239
kfreyenberger@valpoymca.org

Volunteer Coach Meeting

Tuesday, March 9, 2027, at 6:15 pm

Valparaiso Family YMCA - Community Room

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Division Overview

Grades 1st - 2nd

- 8 players on the court (or down to 6 if needing to match other team)
- Ball: Volley-Lite
- Net height: 6ft 3in
- Serve: between 5ft and 10ft mark (2 attempts to serve in)
- Max of 4 serves in a row for one individual
- Games: 3 games to 15
- Game length: 35 minutes

Grades 3rd - 4th

- 8 players on the court (or down to 6 if needing to match other team)
- Ball: Volley-Lite
- Net height: 6ft 3in
- Serve: behind 10ft line (2 attempts to serve in)
- Max of 4 serves in a row for one individual
- Games: 3 games to 18
- Game length: 40 minutes

Grades 5th - 6th

- 6 players on the court
- Ball: Regular volleyball
- Net height: 6ft 6in
- Serve: behind 15ft mark (2 attempts to serve in)
- Max of 4 serves in a row for one individual
- Games: 3 games to 21 (Cap of 25)
- Game length: 45 minutes

Grades 7th - 9th

- 6 players on the court
- Ball: Regular volleyball
- Net height: 7ft
- Serve: behind back boundary (normal, 1 attempt)
- Max of 4 serves in a row for one individual
- Games: 3 games 21 (Cap of 25)
- Game length: 50 minutes

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